

Suzanne D. Alfandari

MS, LMFT (MFC #36334)

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Licensure / Certifications

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| 2021 | California Association of Marriage and Family Therapists recognized and approved Continuing Education Provider. Provider number 36540 |
| 2018 | Certified MI Trainer, MINT International Motivational Interviewing Network of Trainers |
| 2014 | Progressive EFT, Level 4 Certification, Pro EFT Institute |
| 2012 | Clinical EFT Expert Practitioner – 2, EFTUniverse |
| 2009 | EFT Certification – 1, Gary Craig, EFT Founder |
| 2000 | Licensed Marriage and Family Therapist, California Board of Behavioral Sciences |

Affiliations / Memberships

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| 2014 – pres. | Member, Intl. Motivational Interviewing Network of Trainers (MINT) |
| 2010 – pres. | Member, Assoc. for Comprehensive Energy Psychology (ACEP) |
| 1997 – pres. | Member, Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT) |
| 1995 – pres. | Member, CAMFT |
| 2026 – 2028 | Member, California Association of Marriage and Family Therapists (CAMFT) Continuing Education Provider Approval Committee (CEPA) |
| 2017 – 2024 | Co-chairperson, CAMFT Scholarship Committee |
| 2007 – 2023 | Member, Assoc. of Family Therapists of Northern California (AFTNC) |
| 2019 – 2021 | Secretary, "Pitch Perfect" Toastmasters Club |
| 2000 – 2007 | Co-Chairperson, CAMFT Speaker's Bureau |
| 1997 – 2000 | Co-Chairperson, CAMFT Intern Group |

Clinical Experience

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| 2001 – pres. | Stress Manager, Marin County Office of Emergency Services (OES), San Rafael, CA.
Track staff members following critical incidents in the community (e.g., floods, earthquakes, fires) using clinical interventions to support their return to work. |
| 1997 – pres. | Suzanne Alfandari LMFT Psychotherapist Private Practice, and Marin Therapy Associates, San Rafael, CA.
Specialize in treatment of people of all ages who are ready to change, using Emotion Freedom Techniques (EFT Tapping), and Motivational Interviewing (MI), as well as meditation/brain understanding to support change. My work is most effective for clients who are already insightful and successful, but still struggling with depression, anxiety, emotional/physical trauma, or feel stuck in life and are ready to change. Provide EFT Tapping coaching and consulting to professionals. Also provide MI coaching and consulting for people applying for MINT membership. |
| 2011 – 2023 | Critical Incident Stress Debriefing (CISD), Employee Assistance Program, Managed Health Network, Inc., San Rafael, CA.
Debrief traumatic incidents for agencies throughout the Bay Area. |

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Clinical Experience (cont'd)

- 2000 – 2015 **Licensed Mental Health Practitioner, Youth and Family Services, Marin Health and Human Services, San Rafael, CA.**
Provided case management, assessment, Katie A. services and psychotherapy to children, adolescents, and families in clinic, school, and day treatment settings, including hospital liaison for therapy and Therapeutic Behavioral Services (TBS). Also fulfilled role of Stress Manager in the Office of Emergency Services. Provided Critical Incident Stress Debriefing (CISD) as a disaster worker in the schools and community, as needed. Provided weekly supervision of LMFT, LCSW and predoctoral psychology interns. Completed rotations on Psychiatric Emergency Services unit, performing crisis interventions and 5150 evaluations. Taught Motivational Interviewing (MI) to psychology interns, introduced MI-style of consultation with staff.
- 2004 – 2010 **Military Family Life Consultant, United States Department of Defense, Military Posts in Europe, Pacific Region, and USA.**
Worked one month per year counseling troops, couples, and families dealing with relational stressors, and one week at a children of military families camp. Also performed suicide risk assessments.
- 2000 **Mental Health Clinician McAuley, Institute at St. Mary's Medical Center, San Francisco, CA.**
Facilitated milieu on psychiatric adult, and milieu and group interventions on adolescent inpatient units.
- 1997 – 2000 **Child and Adolescent Inpatient Milieu Counselor, Ross General Hospital, Kentfield, CA.**
Provided milieu and group interventions to children and adolescents on psychiatric inpatient unit.
- 1995 – 1997 **Marriage and Family Therapist Intern and Intake Coordinator, Community Institute of Psychotherapy, San Rafael, CA.**
Maintained individual caseload of adults and children using psychoanalytic psychotherapy. Also responsible for coordinating and conducting intakes. Supervised by Robin Berenson, PhD, LMFT.
- 1994 – 1995 **Behavioral Assistant, Timothy Murphy School, San Rafael, CA.**
Conducted behavioral interventions in the classroom with severely emotionally disturbed children, grades 1-12.
- 1994 – 1995 **Group Counselor / Behaviorist, Braun Day Treatment Program (formerly Marindale School & Day Treatment), San Rafael, CA.**
Facilitated therapy groups and conducted behavioral interventions in day treatment setting for severely emotionally disturbed elementary school-aged children.
- 1994 – 1995 **Residential Counselor, Nine Grove Lane, Adolescent Emergency Shelter, San Anselmo, CA.**
Provided counseling to adolescents in need of brief emergency respite and facilitated therapy groups.

Teaching / Training Experience

- 2020 - Present **MI Trainer, Bay Area Academy, California State University, Fresno Foundation, Berkeley, CA.**
Develop and present multiple sets of two-day, 7-hour/day online trainings with 1-hour follow-up, 1:1 consultation for each participant, or participants attended one of three 1.5-hour small group consultations, using multi-modal training methods, to all levels of staff, predominantly for social workers working with Child Protective Services (CPS).

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Teaching / Training Experience (cont'd)

2016 - Present	MI Trainer, UC Davis Continuing and Professional Education, Davis, CA. Develop and present multiple sets of two-day, 7-hour/day trainings, most with four weekly follow-up 1-hour interactive consulting webinars, using multimodal training methods, to all levels of staff, including but not limited to social workers, parent and peer partners, and supervisors working with Child Protective Services (CPS) in Anderson, Davis, Crescent City, Kings County and Eureka, CA. These trainings shifted to include all of California in a virtual online format beginning in 2020.
2026	MI Trainer, Tulare Joint Union High School District, Tulare, CA. Developed and presented two sets of a two-day 6.5-hours per day, virtual training, using multi-modal training methods, to administration, teachers, supervisors, social workers, case managers, and other staff working in the high school district.
2026	MI Trainer, California State University Long Beach (CSULB), Long Beach, CA. Developed and presented two half-days of 4.5-hours per day, virtual training using multi-modal training methods for 8-CE hours offered through CSULB, to the staff of the Student Care and Basic Needs Department and Counseling & Psychological Services.
2026	MI observer and assistant, UC Davis Continuing & Professional Education – Human Services, Northern Academy, Davis, CA. Participated in and offered feedback at the completion of each day of a two-day, 8-hour course called Motivational Interviewing Foundations (Training for Trainers) taught by Ali Hall & Larisa Traga.
2025	EFT Tapping Presenter, Creative Strings Academy, Asheville, North Carolina. Developed and presented a virtual, interactive, live 45-minute presentation for musicians to release stress and rewrite their story.
2025	EFT Tapping Trainer, EFT Tapping to Reduce the Impact of Work-Related Trauma, Heluna Health, San Francisco Homeless Outreach Team (SFHOT), San Francisco, CA. Developed and presented four sets of a 2-hour in-person training using interactive and multi-modal training methods, to all staff, working with people who are homeless in the Tenderloin in San Francisco.
2025	MI Trainer, Northern Valley Indian Health, Inc., Willows, CA. Developed and presented a two-day, 6-hour/day in-person MI training, with three 1-hour virtual supplemental follow-up consultations, using multi-modal training methods to providers of health and mental health services.
2025	MI Trainer, HOMEFIRST, San Jose, CA. Developed and presented a two-day in-person Introductory MI training using multi-modal training methods for staff working with people who are homeless with mental health challenges.
2025	MI Trainer, Heluna Health, San Francisco Homeless Outreach Team (SFHOT), San Francisco, CA. Developed and presented three sets of a 4-hour per day in-person training using multi-modal training methods, to staff working with people who are homeless in the Tenderloin in San Francisco.
2025	EFT Tapping and Motivational Interviewing counseling with provider debriefing, at the Significant Others and Spousal Retreat (SOS). The SOS residential program is for current or former partners of emergency responders who have been affected by the responder's critical incidents or who experience symptoms related to their own trauma

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Teaching / Training Experience (cont'd)

histories which may be activated by the responder's traumatic event(s). For the confidentiality of their clients, locations are not published.

- 2024 **MI Assistant, Motivational Interviewing: 3-Day Introductory Intensive (Level 1), San Francisco, CA.** Supported Steven Malcolm Berg-Smith, MS, MINT Member 1994 & MINT Certified Trainer, training physicians, therapists, dieticians and others.
- 2024 **MI Trainer, Catholic Charities of Santa Clara County, San Jose, CA.** Developed and presented a two-day, 7-hour/day virtual MI training using multimodal training methods for case managers, therapists, and supervisors working with low-income populations.
- 2024 **Clinical EFT Tapping Trainer, San Rafael, CA.** Developed and presented the training, "Touchpoints of Transformation Workshop. A Beginner's Guide to Clinical EFT Tapping for Mental Health Professionals" for mental health professionals new or relatively new to Clinical EFT Tapping wanting to add EFT Tapping to their clinical work to help clients overcome stagnation in their healing journey. This interactive course meets the qualifications for 3-hours of continuing education credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences. By the end of this workshop participants will have basic Clinical EFT Tapping skills to utilize in future clinical work.
- 2023 **MI "Rater" MINT Motivational Interviewing Network of Trainers, Alexandria, VA.** Rated 3-hour applicant video and written application for MINT Certified Trainer applicant, consulted with co-rater, gave feedback via Zoom and written to applicant and MINT board.
- 2023 **MI Assistant, Motivational Interviewing: 3-Day Advanced Training, Fort Mason Center, San Francisco, CA.** Supported instructor Steven Malcolm Berg-Smith, MS, MINT Member 1994 MINT Certified Trainer and assisted training physicians, therapists, dieticians and others.
- 2023 **MI Trainer, California State University Long Beach, Long Beach, CA.** Developed and delivered a two-day 8-hour/day online MI Introduction using interactive, skills-focused training, including a brief overview, skill demonstration with participant interaction, and skill practice exercises, through the Basic Needs Division.
- 2023 **EFT Tapping Trainer, Bay Area Academy, California State University, Fresno Foundation, Berkeley, CA.** Created and presented a 1.5-hour interactive workshop titled Reduce the Impact of Work-Related Trauma with EFT Tapping- Emotional Freedom Techniques, at the Bay Area Academy 5th Annual Proactive Practice: Innovations for a Trauma-Informed Workforce Conference.
- 2022 **MI Trainer, Sacramento State University, Sacramento, CA.** Developed and delivered a two-day 7.5-hour/day online MI Introduction using interactive, skills-focused training, including a brief overview, skill demonstration with participant interaction, and skill practice exercises, to Crisis Assistance & Resource Education Support (CARES) Division Of Student Affairs. Sacramento, CA.

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Teaching / Training Experience (cont'd)

- 2022 **MI Trainer, UC Davis Alzheimer's Disease Center, Sacramento, CA.**
Created and presented an interactive 1.5-hour interactive multimodal MI training to providers of all educational backgrounds working with patients' ambivalence about participating in a longitudinal and multi-diversity Alzheimer's study.
- 2022 **EFT Tapping Trainer, Bay Area Academy, California State University, Fresno Foundation, Berkeley, CA.**
Created and presented a 1.5-hour interactive workshop titled Promoting Resilience with EFT Tapping—Emotional Freedom Techniques, at the Bay Area Academy 4th Annual Proactive Practice: Innovations for a Trauma-Informed Workforce (Trauma Conference) for trauma-informed approaches in child welfare that aligns with the Integrated Core Practice Model.
- 2021 **MI Trainer, San Jose Family Shelter, San Jose, CA.**
Developed and presented a 3-hour virtual preliminary introduction to MI concepts, using multimodal methods, for staff providing temporary housing and targeted support to guide families from crisis to independent lives in the community.
- 2021 **EFT Tapping Trainer, County of Marin, Department of Human Resources, Learning & Organizational Development, San Rafael, CA.**
Developed and provided a series of two, virtual 1-hour interactive trainings: Stress-Reduction Learning Lab, with the follow up one month later; and Stress-Reduction Technique – Personal Peace Procedure Lab, open to all Marin County employees. This multimodal training included a brief history, science, and practice in using EFT Tapping to address stress.
- 2021 **MI Trainer, Marin County Chapter CAMFT, San Rafael, CA.**
Developed and presented a 4-hour virtual interactive introductory training using multimodal training methods, to licensed therapists and pre- licensed therapists introducing key principles, style, and spirit of MI.
- 2021 **MI Trainer, Communities United for Restorative Youth Justice (CURYJ), Oakland, CA.**
Developed and presented a virtual three-day, 6-hour/day training using multimodal training methods, to all levels of staff including youth, formerly incarcerated youth and adults, and licensed clinicians who have the goal of unlocking the leadership of young people to dream beyond bars and to lead the way in transforming communities by investing in their healing, aspirations, and activism.
- 2021 **MI Trainer, Community Overcoming Relationship Abuse, (CORA), San Mateo, CA.**
Developed and presented two-sets of virtual two-day, 6.5-hour/day training with six weekly follow-up 1-hour interactive consulting webinars using multimodal training methods to all levels of staff including peer providers, interns, licensed clinicians, supervisors, and directors.
- 2021 **MI Trainer, UC Davis Extension, Family Urgent Response System (FURS), Tuolumne County, CA.**
Developed and presented a two-day, 7-hour/day training, with three weekly follow-up 1-hour interactive consulting webinars, using multimodal training methods, for FURS, a coordinated statewide, regional, and county-level system designed to provide collaborative

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Teaching / Training Experience (cont'd)

- and timely county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth.
- 2021 **MI Trainer, Sacramento State University, Sacramento, CA.**
Developed and delivered a two-day 7.5-hour/day online MI Introduction using interactive, skills-focused training, including a brief overview, skill demonstration with participant interaction, and skill practice exercises, to Crisis Assistance & Resource Education Support (CARES) Division Of Student Affairs. Sacramento, CA.
- 2021 **EFT Tapping Trainer, Family Support Network, Orange, CA.**
Developed and presented a 90-minute virtual presentation, "An Interactive Introduction to Emotional Freedom Techniques/EFT Tapping," an introductory, hands-on workshop, giving participants, primarily wraparound providers, a taste of how using EFT Tapping can be helpful to clients and practitioners.
- 2021 **EFT Tapping Trainer, Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.**
Developed and presented a 2-hour virtual presentation, "An Interactive Introduction to Emotional Freedom Techniques/EFT Tapping," an introductory, hands-on workshop, giving participants a taste of how using EFT Tapping can be helpful to clients and practitioners.
- 2020 – 2021 **EFT Tapping Provider, Marin County Office of Emergency Services (OES), Marin County Sheriff's Office, San Rafael, CA.**
Participated in online half hour briefings; provided weekly 1-hour online EFT Tapping Stress Management and Stress Preventive drop-ins.
- 2020 – 2021 **EFT Tapping Trainer, UC Davis Partnerships in Well-Being Institute, Davis, CA.**
Presented by invitation encore presentation in 2021. Developed and presented a 90-minute interactive virtual training, "An Introduction to Emotional Freedom Techniques: EFT Tapping" to introduce EFT Tapping to professionals in the fields of Child Welfare, Behavioral Health, Early Childhood, Education, Probation, Providers (Community Partners), Resource Families and Tribal Communities.
- 2020 **EFT Tapping Provider, Marin County Health & Human Services, San Rafael, CA.**
Offered interactive online Stress Management EFT Tapping in Lunch Program to Marin County frontline workers under the direction of Jei Africa, Director of Behavioral Health and Recovery Services (BHRS), to help reduce stress reactions from COVID-19 affecting work life.
- 2020 **MI Trainer, Bay Area Academy, California State University, Fresno Foundation, Berkeley, CA.**
Developed and presented three virtual 7-hour online trainings, using multimodal training methods to all levels of staff, predominately social workers in training with Child Protective Services (CPS) for San Mateo County, CA.
- 2020 **MI Trainer, RECAMFT Sonoma Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), Sonoma County, CA.**
Developed and presented a 3-hour interactive online training, "Motivational Interviewing: a brief and interactive introduction" using multimodal methods, to RECAMFT members.

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Teaching / Training Experience (cont'd)

- 2020 **MI "Rater" MINT Motivational Interviewing Network of Trainers. Alexandria, VA.**
Rated 3-hour applicant video and written application for MINT Certified Trainer applicant, consulted with co-rater, gave feedback to applicant and MINT board.
- 2020 **MI Trainer, Kings View South Tulare County Mobile Services and One Stop, Tulare, CA.**
Developed and presented a 6.5-hour online training using multimodal training methods, to case managers, mental health therapists and supervisors who provide culturally competent mental health services to underserved/unserved families and individuals.
- 2020 **EFT Tapping Provider, Marin County Office of Emergency Services (OES), Marin County Sheriff's Office, San Rafael, CA.**
Participated in online half hour briefings; offered interactive Stress Management EFT Tapping demonstration to group of 50 OES staff; provided weekly 1-hour online EFT Tapping Stress Management and Stress Preventive drop-ins.
- 2020 **MI Trainer, Abode Services, Fremont, CA.**
Developed and presented a two-day, 4.5-hour/day online staff training, using multimodal training methods, to service and housing coordinators, specialists and supervisors who provide housing programs and wraparound social services.
- 2020 **MI Trainer, Family Caregiver Alliance® National Center on Caregiving, San Francisco, CA.**
Developed and presented two 3-hour and one 6.5-hour online training, using multimodal methods, to staff and managers who support home caregivers.
- 2020 **MI Trainer, Eden Housing, Hayward, CA.**
Developed and presented two 3-hour online trainings, using multimodal methods, to staff working to support housing and services for seniors, families, veterans and persons with disabilities.
- 2020 **EFT Tapping Trainer, SELPA & Marin County Office of Education (MCOE), San Rafael, CA.**
Developed and presented additional two 1-hour interactive online consultation and stress reduction trainings to teachers, assistant teachers, and school counselors.
- 2020 **MI Trainer, Bay Area Community Resources, BACR, Antioch, CA.**
Developed and presented training and consultation in two 1-hour online 1:1 sessions.
- 2020 **EFT Tapping Provider, Marin County Health & Human Services (H&HS), San Rafael, CA**
Offered interactive online Stress Management EFT Tapping demonstration to 335 Marin County frontline workers, under the direction of Benita McLarin, to help reduce stress reactions from COVID-19 affecting work life.
- 2020 **MI Trainer, UC Davis Extension, Davis, CA.**
Developed and presented a 7-hour online training, using multimodal training methods, to all levels of staff, predominately social workers in training with Child Protective Services (CPS) for Mono County, CA.

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Teaching / Training Experience (cont'd)

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| 2020 | <p>MI Trainer, Counseling Psychology Department, Dominican University, San Rafael, CA.
 Consulted in a 2-hour session for Counseling Psychology interns.</p> |
| 2020 | <p>MI Trainer, Virta Health Diabetes Reversal Clinic, San Francisco, CA.
 Developed and presented a 2-hour online training, using multimodal methods, to online staff to support people with a diagnosis of diabetes.</p> |
| 2020 | <p>EFT Tapping Trainer, SELPA & Marin County Office of Education (MCOE), San Rafael, CA.
 Developed and delivered the second pilot EFT Tapping training with two sections comprised of a 3-hour interactive, multimodal and pragmatic training, with four 1-hour follow-up consultations, live and via webinar, to school counselors, special education teachers, regular education teachers, and paraeducators of the Marin School System.</p> |
| 2020-2019 | <p>EFT Tapping Provider, Marin County Health & Human Services (H&HS) San Rafael, CA
 Guided Practice to 50 Marin County Health & Human Services Managers under the direction of Director, Benita McLarin, to help reduce stress in after-action review meeting.</p> |
| 2019 | <p>MI Trainer, Abode Services, Fremont, CA.
 Developed and presented a two-day, 7-hour/day training, using multimodal training methods, to service and housing coordinators, specialists, and supervisors who provide housing programs and wraparound social services.</p> |
| 2019 | <p>EFT Tapping & MI Trainer, Boulder Creek, CA.
 Introduced EFT Tapping and MI as part of a two-day Parenting Class, for the 'Young Men's Ultimate Weekend' (YMUW). Facilitated participants in practicing EFT Tapping and MI.</p> |
| 2019 | <p>EFT Tapping Workshop, MorsLife Health System, The Levin Palace, West Palm Beach, FL.
 Developed and presented a 1.5-hour EFT Tapping workshop for approximately 50 independent living residents, most in their 90s, to address emotional stress to reduce anxiety and physical pain.</p> |
| 2019 | <p>MI Trainer, Mt. Diablo Unified School District, Concord, CA.
 Developed and delivered a 7-hour Introductory MI training, using interactive, multimodal, skills-focused training techniques, to site-based school psychologists, interns and behavioral specialists.</p> |
| 2019 | <p>MI Trainer, San Francisco Pretrial Diversion Project, San Francisco, CA.
 Developed and delivered a 3-hour introductory training / follow-up training using interactive, multimodal, skills-focused techniques, to a range of practitioners from first job to career professionals who support clients to comply with conditions of probation, have experienced trauma due to imprisonment, and those who actively distrust authority.</p> |
| 2019 | <p>MI Trainer, MPI Chemical Dependency Treatment Services, a part of Alta Bates Summit Medical Center, Oakland, CA.
 Developed and delivered two 3-hour introductory trainings, and two 3-hour follow-up trainings, to nursing and counseling staff for internal agency use, and for use with clients.</p> |
| 2018-2019 | <p>MI Trainer, Catholic Charities, San Francisco, CA.
 Developed and delivered two 3-hour introductory trainings using multimodal, interactive and skills-focused teaching techniques, to licensed therapists and peer case managers who serve immigrant</p> |

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Teaching / Training Experience (cont'd)

- families, elderly, women and children, and those who suffer from HIV, substance abuse, mental illness, trauma, depression, other challenges.
- 2018 - 2019 **EFT Tapping Trainer, SELPA & Marin County Office of Education (MCOE), San Rafael, CA.**
Developed and delivered pilot EFT Tapping training of a 3-hour interactive, multimodal and pragmatic training, with three 1-hour follow-up consultations, both live and via webinar, to middle and high school Special Education teachers, school counselors, and mentors of the Marin County School System.
- 2018 **MI Trainer, SAVA, Sacramento Academic and Vocational Academy, Sacramento, CA.**
Developed and delivered a two-day, 7-hour/day interactive and skills-focused, multi-modal training, to teachers and staff working with independent study and mainstream-challenged students.
- 2018 **MI Trainer Ginger.io, San Francisco, CA.**
Developed and delivered Advanced Training Follow-Up Pre-Contemplation and Contemplation interactive 7-hour training, using multimodal training techniques, to coaches who work with clients online
- 2018 **MI Trainer ACWellness, Cupertino, CA.**
Developed and delivered 7-hour interactive multimodal MI Intro training to physicians, dieticians, physical therapists, and coaches who provide services to Apple employees and their dependents.
- 2018 **MI Trainer, Community Collaborative Charter School, McClellan, CA.**
Developed and delivered a 6.5-hour interactive, multimodal, MI Brief Introduction Training to teachers and school counselors who work with high school students unable to succeed in standard school settings.
- 2018 **MI Trainer, Bay Area Community Resources, BACR, CoCoLEADPlus, Antioch, CA.** Developed and delivered a two-day, 7-hour/day interactive, multi-modal, Introduction trainings, followed by two, one-hour webinars for consultation and to review recordings to trained social workers, LMFTs, counselors, peer providers, and supervisors, who work with clients struggling with homelessness, probation, and dual diagnosis.
- 2018 **MI Trainer, East Bay College Fund, EBCF, Oakland, CA.**
Developed and trained graduates of the program and local business people, who are mentors to first-time college students in their families, coming from dire environmental circumstances, in a two-part, 3-hour interactive and multimodal MI training.
- 2018 **MI Consultant, Caminar, San Mateo, CA.**
Coaching and consultation for practitioners working with homeless and dual-diagnosed clients.
- 2018 **MI Trainer, Monterey County Department of Social Services, CalWORKs Employment Services (CWES), Salinas, CA.**
Developed and delivered three 7-hour interactive, multimodal Introductory trainings and one 7-hour MI Introductory Update to social workers, LMFTs, counselors, peer providers and supervisors who work with customers/clients formerly incarcerated or on probation.
- 2016 – 2018 **MI Trainer, Connecting Point (formerly Nevada-Sierra IHSS Public Authority), Grass Valley, CA.**
Developed and annually delivered a 6-hour MI Introductory Review Training using interactive multimodal training techniques, to all levels

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Teaching / Training Experience (cont'd)

- of staff including peer providers, case managers, licensed therapists and social workers.
- 2016 – 2018 **MI Trainer, Caminar, Vallejo, CA.**
Developed and delivered one 7-hour training and one 3-hour follow-up training in MI, using multimodal training techniques, to peer providers, case managers, licensed therapists and physicians who work with homeless and dual-diagnosed clients. In March 2018, divided 7-hour training over two days.
- 2017 **MI Trainer, MidPen Resident Services Division, Foster City, CA.**
Developed and delivered a 1.5 day MI Introductory and MI interactive and multi-modal follow-up workshop for a team of Service Coordinators and Managers working with hundreds of their residential seniors.
- 2017 **MI Trainer, Sacramento State University, Sacramento, CA.**
Developed and delivered a two-day, 6.5-hour/day MI Introduction using interactive, skills-focused training, including a brief overview, skill demonstration with participant interaction, and skill practice exercises, to Student Service Professionals.
- 2017 **MI Trainer, Solano Coalition for Better Health, Fairfield, CA.**
Developed and delivered a 6-hour MI Introduction and 3-hour MI follow-up interactive and skills-focused training, including a brief overview, skill demonstration with participant interaction and skill practice exercises for staff working with all ages of low income, multi-challenged clients.
- 2017 **MI Trainer, Ginger.io, San Francisco, CA.**
Developed and trained coaches who work over the Internet via texting/chatting with clients in one 7-hour class using multimodal training techniques and 3 follow-up 1-hour webinars for coaching and consulting using participant's coded transcripts.
- 2017 **Assistant Trainer, EFT Tapping Intensive 4-Day Clinical Applications Level 1 & 2 Workshops, San Francisco, CA.**
Supported Dawson Church, PhD and assisted the trainees during exercises. Also taught a module within the training.
- 2017 **MI Trainer, Alameda County Human Resources Workforce Development, San Leandro, CA.**
Developed and trained staff working with participants of the Supplemental Nutrition Program for Women, Infants, and Children (WIC), as well as adults in three identical, 3-hour introductory MI workshops using multimodal training techniques.
- 2017 **MI Assistant, Motivational Interviewing: 3-Day Advanced Training (Level II), San Francisco, CA.**
Supported Steven Malcolm Berg-Smith, MS. and assisted training physicians, therapists, dieticians, and others.
- 2016 – 2017 **MI Trainer, Felton Institute/Family Svcs Agency, San Francisco, CA.**
Developed and delivered multiple four-day, 6-hour/day MI trainings using multimodal methods of training; with additional 10-hour trainings of coaching circles and coding 3 recordings per participant, to fidelity adapted from the MITI 4.2.1. training to all levels of staff including peer providers, case managers, licensed therapists, and supervisors in training for Felton employees and case managers from the San Francisco Department of Aging Adult Services (DAAS).

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Teaching / Training Experience (cont'd)

- 2016 – 2017 **MI Trainer, De Anza College, the Office of Equity, Social Justice and Multicultural Education, Cupertino, CA.**
Developed and delivered two identical, 4-hour introductory MI trainings to teachers, counselors, administrative staff, supervisors, and program managers using multimodal training techniques.
- 2017 **Assistant, Progressive Workshop, 1440 Multiversity, Scotts Valley, CA.**
Supported Dr. Joe Dispenza in a 3-day meditation workshop.
- 2016 **MI Trainer, Stand!, Concord, CA.**
Developed and delivered training for multiple divisions and agencies working with children and adults in a 7-hour daylong MI training using multimodal training techniques.
- 2016 **MI Assistant, Tipping Point Community, San Francisco, CA.**
Supported Greg Merrill, LMSW, in training staff who work with homeless and dual diagnosis clients.
- 2016 **MI Assistant, Motivational Interviewing: 3-Day Introductory Intensive (Level I), San Francisco, CA.**
Supported Steven Malcolm Berg-Smith, MS. Assisted training physicians, therapists, dieticians, and others.
- 2015 **Assistant, Meditation Workshop, Denver, CO.**
Supported Dr. Joe Dispenza in 'Seeds of the Future: Workshop for Teens' meditation workshop.
- 2015 **MI Trainer, Canal Alliance, San Rafael, CA.**
Developed and taught a 3-hour introductory MI course for supervisors, licensed therapists, and peer providers working with low-income, Spanish-speaking immigrant families.
- 2015 **Assistant, Meditation and EFT Tapping Workshop, Los Angeles, CA.**
Supported Dr. Joe Dispenza and Dawson Church, PhD in the daylong workshop 'Tune Your Thoughts-Tune Your Cells: Extraordinary Healing.'
- 2013 – 2015 **MI Trainer, Marin Health and Human Services, San Rafael, CA.**
Collaborated to develop a 10.5-hour introductory MI course for 2013-2014 Marin County psychology interns. Expanded the course to twelve hours and independently taught the 2014-2015 interns. Trainings included multimodal methods of instruction and ongoing MI consultation. Served as MI consultant for Marin County employees as needed, including during staff meetings.
- 2013 **MI Trainer, West Coast Post-Trauma Retreat (WCPR), San Rafael, CA.**
Collaborated to develop/teach a 4-hour intro MI course for clinicians and peer providers working with first responders suffering from PTSD.
- 2013 **EFT Tapping Trainer, West Coast Post-Trauma Retreat (WCPR), San Rafael, CA.** Developed and taught introductory course on EFT Tapping for clinicians and peer providers working with first responders suffering from PTSD.
- 2013 **Assistant, Progressive EFT Tapping Practitioners Intensive, Level 3 Training, Mill Valley, CA.** Supported Lindsay Kenny, EFT Tapping Master. Assisted participants moving toward certification with Pro EFT Tapping.
- 2011 **Assistant, EFT Tapping Level 3 Training, EFTUniverse, Denver, CO.**
Supported Dr. Tam Llewellyn-Edwards and Mair Llewellyn-Edwards, BSc. Assisted participants moving toward certification with EFTUniverse.
- 2001 – 2003 **Trainer, Community Institute for Psychotherapy, San Rafael, CA.** Taught mental health providers Intake Coordinator training module.

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Publications

- 2021 Alfandari, S.D. Emotional Freedom Technique script and recording for the App 'Got This!' in English which will later be translated and recorded in Spanish, Simplified Chinese, French and Hindi. GOT THIS! Inc. is a company owned by minority women based in the San Francisco Bay Area. It strives to help people improve their mind, body, and spirit from wherever they are by creating products to help them overcome personal barriers and reach their goals. Its mission is to help level the playing field of coping techniques and make these resources easily available to everyone. Dr. Cio Hernandez.
- 2018 Alfandari, S.D. Book Review of 'Entering Your Own Heart: A Guide To Developing Self Love, Inner Peace And Happiness' Morton, C. (2014) in *The Therapist, Magazine of the California Assoc. of Marriage and Family Therapists*. May/June 2018 www.camft.org
- 2016 Alfandari, S.D. 'Motivational Interviewing: A Brief and Interactive Introduction.' *Connections, Fall Issue 2016*. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT).
- 2016 Alfandari, S.D. 'Motivational Interviewing and Emotional Freedom Techniques.' *HighEnergyHealth* online radio show with Dawson Church, PhD. HealthyLife.net. Interview used as part of curriculum for Energy Psychology Course through EFTUniverse.com.
- 2013 Alfandari, S. D. 'The Generalization Effect.' *Clinical EFT Handbook: A Definitive Resource for Practitioners, Scholars, Clinicians, and Researchers, Vol. 1* (pp. 321-328). D. Church & S. Marohn. Energy Psychology Press.

Selected Presentations

- 2021 *Emotional Freedom Techniques for Stress & Chronic Pain* workshop, MorseLife Health System, The Levin Palace, West Palm Beach, FL. Developed and presented a 1-hour EFT Tapping workshop for approximately 50 elderly independent living residents.
- 2019 *Emotional Freedom Techniques for Stress & Chronic Pain* workshop, MorseLife Health System, The Levin Palace, West Palm Beach, FL. Developed and presented two 1.5-hour EFT Tapping workshops for approximately 50 elderly independent living residents.
- 2019 *Emotional Freedom Techniques for Stress & Chronic Pain* workshop, Rhoda Goldman Plaza, San Francisco, CA.
- 2019 Developed and presented a 1-hour EFT Tapping workshop for independent living residents, to address emotional stress to reduce anxiety and physical pain.
- 2019 *Emotional Freedom Techniques (EFT Tapping), "Reduce stress and let nature take its course in healing your body, brain, and business."* Networking Entrepreneurial Women of Marin, Mill Valley, CA.
- 2018 *Emotional Freedom Techniques* workshop. Integral Transformative Practice (ITP), Palo Alto, CA.
- 2018 *Emotional Freedom Techniques for Chronic Pain* workshop. The Redwoods, A Community of Seniors, Mill Valley, CA.

Emotional Freedom Techniques for Sports presentation. 'SEC Sports,

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Selected Presentations (cont'd)

- 2017-2018 *Energy and Consciousness Festival: Awakening Human Potential through Sport.* Dominican University, San Rafael, CA.
- 2017 *Motivational Interviewing* workshop. Collaborative Divorce Group, San Rafael, CA.
- 2017 *Motivational Interviewing Introduction* workshop for clinicians at Family Works, formerly Apple Family Works, San Rafael, CA.
- 2016 *Motivational Interviewing Introduction* workshop. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), Corte Madera, CA.
- 2016 *Emotional Freedom Techniques* workshop. San Rafael City Employees at Marin Therapy Assoc., San Rafael, CA.
- 2015 – 2016 *Emotional Freedom Techniques* workshop. Schillinger Chiropractic, San Rafael, CA.
- 2015 *Emotional Freedom Techniques* presentation. San Rafael City Employees Annual Health Fair, San Rafael, CA.
- 2014 *Motivational interviewing and EFT* presentation. Third Annual Northern California EFT Tappers Gathering, Santa Rosa, CA.
- 2012 *Collaborative Divorce* workshop. 'EFT Principles for Attorneys, Therapists, and Financial Advisors' at Collaborative Training Intensive. Annual Statewide Conference of Collaborative Divorce Professionals, Berkeley, CA.
- 2012 *Collaborative Divorce* workshop. 'EFT for Psychologists, LCSWs, and LMFTs' at Collaborative Practice Marin, San Rafael, CA.
- 2011 *Co-Parenting for Divorced Families* workshop with M. Schillinger. 'How Parents Can Cooperatively Raise Their Children,' Unity Church, Novato, CA.
- 2011 *Co-Parenting For Divorced Families Using EFT* interview, EFT Hub Radio.
- 2011 *Emotional Freedom Techniques In The Dental Setting* presentation. Melissa Rinck, DDS, San Rafael, CA.
- 2011 *Emotional Freedom Techniques To Overcome Obstacles To Reach Athletic Goals* workshop. The Marin County Probation Dept. Girls Running Club (now called Girls Stepping Up For Change), San Rafael, CA.
- 2004 & 2007 *Working with Military Families* guest presentation for graduate psychology students. Dominican College (now Dominican University of California), San Rafael, CA.

Featured

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- 2019 – pres. Suzanne Alfandari Youtube Channel, focusing on EFT and MI Training.
 - 2023 Monthly guest contributor at *Womenlines* panel with Charu Mehrotra. September 2020 to present.
 - 2020 'Health is Wealth Show - Emotional Freedom Technique (EFT) with Expert Suzanne Alfandari' by Charu Mehrotra, *Womenlines* online magazine. March 27, 2020.
 - 2020 'Honoring the Client's Healing Process with Suzanne Alfandari' by Niko Ana Burkhardt, *Buddhaversity*. June 17, 2020.
 - 2020 'What You Need to Know About EFT Tapping' by Megan Falk, *Shape Magazine* and *Shape.com*. April 21, 2020.

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Featured (cont'd)

2019 'Young Men's Ultimate Weekend' filmed by Lisa Ling, CNN. Facilitated participants in practicing EFT and MI. Aired Nov 29, 2020.

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- 2021 – pres. *Biennial UC Sexual Violence and Sexual Harassment Prevention for Non-Supervisors online training.* University of California, Davis, CA.
- 2021 – pres. Periodic meeting host/facilitator of monthly online MINT-Oceania and North American Consultation Group, Lexington, Ky.
- 2020 – pres. *Annual UC Cyber Security Awareness Fundamentals online training.* University of California, Davis, CA.
- 2026 *Training as system repair: Designing Restorative Learning Environments.* A 3-hour training taught by Rhonda Smith Fritzpatrick, MSW. Shine On Training and Consulting, Creator Restorative Training Framework. 2026 BAA Trainer Learning Collaborative, Bay Area Academy. Fresno, CA.
- 2026 *Applying the Evidence-based EFT Model with Couples, Individuals, and Families!* An 8-hour virtual Emotionally Focused Therapy (EFT) workshop, with Leanne Campbell, PhD and George Faller, MS, LMFT. Psychotherapy Networker, psychotherapynetworker.org
- 2026 *Meeting the Challenges of Clinical Supervision.* Attended one day of a two-day, 15-hour live webinar with Rachel Michaelsen, LCSW. Marin Health & Human Services. Behavioral Health & Recovery Services (BHRS), San Rafael, CA.
- 2026 *Motivational Interviewing in Leadership Organizations.* A 1-hour virtual training with Colleen Marshall, MA, LMFT. The MI Center for Change, Asheville, North Carolina.
- 2025 *Understanding Diagnoses: Applying Updated Information from DSM-5 Text Revision™ (TR) in Mental health Practice.* A 6-hour live webinar with Rachel Michaelsen, LCSW. Marin Health & Human Services. Behavioral Health & Recovery Services (BHRS), San Rafael, CA
- 2025 *Working with Individuals and Families Impacted by ICE Raids/Deportation.* A 1.5-hour live webinar with Dr. Sandra Espinoza, PsyD, LMFT. California Assoc. of Marriage and Family Therapists (CAMFT), San Diego, CA.
- 2025 *Friday CE Series: Food, Mood & the Brain: How Nutrition, Cravings, and Early Trauma Shape Health.* A 2-hour virtual workshop presented by Christina Cowger, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2025 *Friday CE Series: From Dysregulation to Dialogue: Integrating DBT Skills in Family Systems:* A 2-hour virtual workshop presented by Dr. Kativa Ajmere & Dr. Haleh Kouchmeshki. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2025 *Addicted to Cortisol: How to Reset Your Body's Stress Response.* EFT tapping demonstration and how to break the stress cycle. A 1-hour virtual workshop with Dawson Church, PhD. EFT Universe, Petaluma, CA.
- 2025 *What's the Problem? Advancing MI in Challenging Situations.* This is a 1.5-hour live continuing education webinar with Ali Hall & Kristen Dempsey. The MI Center for Change, Asheville, North Carolina.
- 2025 *The Craft of Motivational Interviewing.* A 1-hour live virtual webinar presented with Steve Rollnick, Joel Porter, and friends. Motivational

Specialized Clinical Training

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Specialized Clinical Training (cont'd)

- Interviewing & Beyond (MIB) with Florida State University Center for Behavioral Health Integration, Tallahassee, Florida.
- 2025 *MINT Forum*. Three-day in-person, Motivational Interviewing Network of Trainers Forum Conference. Minneapolis, MN. MINT, The Motivational Interviewing Network of Trainers, Alexandria, VA.
- 2025 *MINT Forum*: Eight Recorded Motivational Interviewing Network of Trainers Forum Conference workshops that took place in Minneapolis, MN. MINT, Motivational Interviewing Network of Trainers, Alexandria, VA.
- 2025 *Law and Ethics: Legal Updates for Healthcare Providers*. A 6-hour live webinar presented by Linda J. Garrett, Esq. and Andrew Garrett, Esq. Marin Health & Human Services, Behavioral Health and Recovery Services (BHRS), San Rafael, CA.
- 2025 *Live Webinar: State of Profession*. 1-hour live webinar presented by California State CAMFT's staff. San Diego, CA.
- 2025 *Somatics and Mindfulness in Trauma Resolution*. A 1-hour live webinar presented by Shai Lavie, MFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2025 *Trauma to Transcendence*. A 2-hour in-person workshop with Dawson Church, PhD. Unity in Marin, Novato, CA.
- 2025 *Motivational Interviewing in Documentation*. A 1-hour webinar with Hillary Logan, MSW, LCSW, LCAS and Judith Carpenter, RD. The MI Center for Change, Asheville, North Carolina.
- 2025 *Friday CE Series: Neurodivergence Unveiled: Reframing Trauma, Identity, and Care for the Neurodivergent Client*. A 2-hour virtual workshop with Stephanie Kollar, MA, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2025 *Motivational Interviewing (MI), MI Across Cultures: Addressing Stigma, Race-Based Stress and Trauma*. A 1.5-hour virtual training with Christina Lee, M.A., Ph.D. The MI Center for Change, Asheville, North Carolina.
- 2025 *Motivational Interviewing (MI), Safety & Hope: Foundations of Helping Professions*. A 4-hour virtual conference with Denise Ernst, PhD, Majella Greene, RSW, Bill Miller, PhD, and Stan Steindl, PhD. Motivational Interviewing Community Connections, MINT, Alexandria, VA.
- 2025 *Dr. David Burns Live: Real Therapy. Real Change. Real Time*. A 3.5-hour live CBT webinar facilitated with Dr. Jill Levitt, Director of Training at the Feeling Good Institute, Mountain View, CA.
- 2025 *The Summit on Motivational Interviewing*. A 1-hour virtual webinar presented by Motivational Interviewing & Beyond, MIB, hosted by the Florida State University Center for Behavioral Health Integration, Tallahassee, Florida.
- 2025 *2025 Annual Trainer Summit and Learning Collaborative: Bridging Intergenerational Differences: Building Knowledge and Skills to Support Engaging and Effective Work Relationships*. A 3-hour virtual training with Leslie W. Zeitler, LCSW, Director of Learning Strategies for Government Alliance on Race and Equity (GARE) and Ashley Horne, Equity, Diversity, and Inclusion Consultant. Bay Area Academy, California State University, Fresno Foundation, Berkeley, CA.

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Specialized Clinical Training (cont'd)

- 2025 *Human Services Instructor Workshop Series: Powerful Presentations: 15 Different Visuals to Include in Your Next Presentation.* A 2-hour virtual training presented by Ann K. Emery, MA. UC Davis Continuing and Professional Education Human Services, Davis, CA.
- 2025 *MindBody EFT Training.* A 3-hour, 25 lesson, asynchronous virtual training with Kim D'Eramo, DO, Durango, CO.
- 2025 *MindBody Mini Course.* A 1-hour, 6 lesson, asynchronous virtual training with Kim D'Eramo, DO, Durango, CO.
- 2025 *Friday CE Series: Adult ADHD: An Overview of Assessment, Diagnosis, and Treatment.* A 2-hour workshop with Nicolas Chu. PsyD. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2024 *MI Developmental Coding & The Aspirational Spirit of MI.* A series of online Zoom consultations and meetings with Alexander Waitt, doctoral student, author, and MINT member, Longport, NJ.
- 2024 *Friday CE Series: Neurodiversity-Affirmative Therapy.* A 2-hour workshop with Katy Higgins Lee, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2024 *Friday CE Series: The Grammar of Therapy at the Borderlands: A Decolonial Spanglish Perspective for English-Based/Trained Therapists.* This 2-hour workshop with Marcela Polanco, LMFT, is to advocate toward pluri-linguistic family therapy practices that dignifies and honors non-English linguistic ancestries. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2024 *Practitioner Renewal—1 Day Experiential Workshop—Ancestral Healing.* An 8-hour EFT Tapping virtual experiential workshop with Dawson Church, PhD, EFTUniverse, San Francisco, CA.
- 2024 *Practitioner Renewal—1 Day Experiential Workshop—Money and Abundance.* An 8-hour EFT Tapping virtual experiential workshop with Dawson Church, PhD, EFTUniverse, San Francisco, CA.
- 2023 *Motivational Interviewing Network of Trainers/MINT Virtual Forum.* Attended day three of the 3-day synchronous virtual clinical training with four workshops from MINT Trainers: Allan Zuckoff, Angie Wood Evocaon, William R. Miller (founder of MI), and David Rosengren. Alexandria, VA.
- 2023 *Training, Supervision & Advanced Practice of Motivational Interviewing* with William R. Miller (MI Founder) and Theresa B. Moyers. Virtual two-day, 12-hour training through Motivational Interviewing Training and Consulting (MITC). Albuquerque, NM.
- 2023 *Friday CE Series: Introduction to EFT/Tapping for Therapists.* A 2-hour workshop with Lorna Minewiser, PhD. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2023 *Saturday Workshop Series: Telehealth: Law & Ethics, Technology and Best Practices for Connecting With Your Clients.* A 3-hour workshop with Lisa Wenninger, MA, MBA, NCC, APCC, California APCC and National Certified Counselor, online via Zoom. This course is designed to satisfy the requirements of California AB 1759 (Chapter 520, Statutes of 2022), which goes into effect on July 1, 2023. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.

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Specialized Clinical Training (cont'd)

- 2023 *UC Abusive Conduct in the Workplace: Overview of University of California Policy on Abusive Conduct in the Workplace.* Topics include Overview (Recognize Abusive Conduct); Prevention (identify strategies to prevent); Procedures (follow procedures to report, and familiarity with the University's response); Resources (access additional information). University of California, Davis, CA.
- 2023 *SOGIE Professional Development - Time for Radical Change and Acceptance: Cultivating and Creating a Safe and Equitable Community for SOGIE-Diverse Youth.* A 7-hour online synchronous training with Misty Kerrigan, Director of Community Based Services at Oak Grove Center for Education, Treatment and the Arts. UC Davis Continuing and Professional Education, Davis, CA.
- 2023 *Effective Counseling When Time is Short: Using Motivational Interviewing in 5-7 Minutes.* A 1-hour webinar with Dawn Clifford, PhD, RDN, MINT trainer and author of *5 Min MI: Using Motivational Interviewing in Nutrition and Health When Time is Short*, Skelly Skills Building Better Dietitians, North Arlington, VA.
- 2023 *Friday CE series: Cannabis and the Adolescent Brain.* A 2-hour workshop with Bonnie Kaufman, Licensed Professional Clinical Counselor. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2023 *Inflammation, Diet and Disease: Understanding the Connection.* A 1-hour webinar with Integrative and Functional Medicine Nutritionist Sheila Dean, DSc, RDN, LDN, CCN, IFMCP. Skelly Skills Building Better Dietitians, North Arlington, VA.
- 2023 *Preventing Harassment & Discrimination: Non-Supervisors* online training. University of California, Davis, CA.
- 2023 *Friday CE Series: Understanding Mental Health and Impacts of Long Covid.* A 2-hour workshop with Sarita Shah, MD, PhD and Monica Federoff, MD, PhD. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2023 *Annual UC Cyber Security Awareness Fundamentals* online training. University of California, Davis, CA.
- 2023 *Preventing Harassment & Discrimination: Non-Supervisors* online training. University of California, Davis, CA.
- 2022 *Friday CE Series: Part 1: An Introduction to the Internal Family Systems (IFS) model.* A 2-hour workshop with Dorothy O'Leary, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2022 *Friday CE Series: Part 2: An Introduction to the Internal Family Systems (IFS) model.* A 2-hour workshop with Dorothy O'Leary, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2022 *Motivational Interviewing (MI).* 6.5-hour training with Kristin L. Dempsey, EdD, LMFT, LPCC. The Pacific Southwest Mental Health Technology Transfer Center Network (MHTTC). Funded by Substance Abuse and Mental Health Services Administration, to improve school and mental health workforce skills.
- 2022 *Treating Procrastination and Building Motivation in High School and College Student Clients.* A 2-hour workshop with Christina Rodriguez,

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Specialized Clinical Training (cont'd)

- LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2022 *Narrative Expressive Arts Therapy with Families*. A 2-hour workshop with Jenna Robinson, MA, LMFT. The Association of Family Therapists of Northern California (AFTNC), Berkeley, CA.
- 2022 *Law and Ethics*. A 6-hour synchronous PowerPoint presentation with Linda J. Garrett, Esq., and Andrew Garrett, Esq. County of Marin Behavioral Health & Recovery Services (BHRS), San Rafael, CA.
- 2022 *Affirmative Therapy with Trans and/or Nonbinary Clients*. A 2-hour workshop with Sand Chang, PhD. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2022 *Expressive Arts Therapy*. 2-hour workshop with Danielle Saporta, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2022 *Culturally Responsive Practice Behaviors Assessment and Development Tool*. A 2-hour workshop with Dr. Kimberly Thompson-Smith, BAA Workforce Development Specialist; Jean Norman Evans, MSW; Adreanna Riley, BAA Workforce Development Specialist. Bay Area Academy: For Trainers by Trainer, Berkeley, CA.
- 2022 *The Gifts of a Life Review of your Lived and Unlived Life for Clients 50+*. A 2-hour workshop with Connie Zweig, PhD. Marin County Chapter, CAMFT, San Rafael, CA.
- 2022 *ADA Compliance and Creating Materials*. A 2-hour webinar. University of California, Davis, CA.
- 2022 *Best Practices for Evaluating Evidence and Avoiding Misinformation*. A 2-hour webinar. University of California, Davis, CA.
- 2022 *Family Therapy Abroad! China, Hong Kong, Australia, Singapore & UK*. A 2-hour webinar with Kate Threlfall PhD., Association of Family Therapists of Northern California (AFTNC), Berkeley, CA.
- 2022 *Culturally Relevant Practice Behaviors Tool Skill Session 2*. A 3-hour webinar presented by the Culturally Responsive Practice Committee with the Child Welfare Development Services (CWDS), a program of the Academy for Professional Excellence at San Diego State University School of Social Work, San Diego, CA.
- 2022 *Practitioner Renewal – Overcoming Insomnia*, 1-day Experiential Workshop. A 5-hour EFT Tapping virtual experiential workshop with Dawson Church, PhD, EFTUniverse, San Francisco, CA.
- 2022 *Practitioner Renewal – Tap Away Anxiety*, 1-day Experiential Workshop. A 5-hour virtual experiential workshop with Dawson Church, PhD, EFTUniverse, San Francisco, CA.
- 2021 *Anti-racism*. A 1-hour virtual workshop. Led by John A. Powell, Director of the Othering & Belonging Institute, University of California Berkeley, a research institute that brings together scholars, organizers, communicators, and policymakers to identify and eliminate barriers to an inclusive, just, sustainable society and to create transformative change toward a more equitable nation. Marin County Office of Equity, San Rafael, CA.
- 2021 *Transitioning to a Hybrid Workplace*. A 1-hour webinar addressing common concerns about returning to the workplace and identifying

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Specialized Clinical Training (cont'd)

- ways to prepare for this transition, all while prioritizing wellbeing. Marin County Human Resources, Benefits and Wellness Team and Managed Health Network (MHN), San Rafael, CA.
- 2021 *Understanding and Affirming the LGBTQ Community and Everything In Between* with Tasha Colin and Lalo Moreno. A 2-hour interactive webinar on education working with the LGBTQ population, helping to unpack implicit biases that our hetero-normative society has ingrained in society. Marin County BHRS Workforce, Education, and Training Team, San Rafael, CA.
- 2021 *Anti-racism* virtual workshop with Dr. Peggy McIntosh, former Associate Director of the Wellesley Centers for Women (WCW) and founder of the National SEED Project (Seeking Educational Equity and Diversity). Marin County Office of Equity, San Rafael, CA.
- 2021 *Tapping: The Ultimate Stress Relief Webinar*. A 2.5 hour live online training with Carol Look and Peta Stapleton. New York, NY and Queensland, Australia.
- 2021 *Hard Conversations: A Deep Dive into Racism and Its Undoing*. A 5-week intensive online course to develop knowledge and skills for understanding and undoing racism. How to shift from merely reacting to social crises to creating positive social change. A collaboration of Radical and The School of Inclusion + Activism, Berkeley, CA. and Hendersonville, NC.
- 2021 *UC Davis Child and Family Teaming (CFT) Meeting Model Overview for Child Welfare Trainers* webinar. A foundational understanding of the CFT model, structure, key terms and reinforcement of the key elements and values of CFTs taught in Child Welfare classes. University of California, Davis, CA.
- 2021 *UC Sexual Violence and Sexual Harassment Prevention Training for Non-Supervisors* online training. University of California, Davis, CA.
- 2021 *Safe Space Brave Space: Dissecting Whiteness* by Kusum Crimmel 2-hour online training. Marin County Office of Equity, San Rafael, CA.
- 2021 MI mentoring with Steven Malcolm Berg-Smith, MS. Fairfax, CA.
- 2021 *MINT Virtual Forum*. A 3-day synchronous virtual clinical training, Alexandria, VA.
- 2020 *Political Stress Syndrome: How Political Change Can Affect Mental Health* virtual training with Elece Hempel, Executive Director of
- 2020 Petaluma People Services, Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
- 2020 *MINT Virtual Forum*, 8-day synchronous virtual clinical training, Alexandria, VA.
- 2020 *Law and Ethics IX: Suicide and the Soul* with Jonathan Young and Anne Bachas. A 6-hour, synchronous interactive webinar course through the Center for Story and Symbol, Santa Barbara, CA.
- 2020 *Building Cultural Empathy in the Classroom* with Carl D. Rabun, Ph.D. & Trudi Frazel, MSW. Two 2-hour interactive sessions addressing how to create a safe and open environment for exchange of values and perspectives. UC Davis Continuing and Professional Education Human Services, Davis, CA.

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Specialized Clinical Training (cont'd)

2020	<i>Law and Ethics</i> , a 6-hour synchronous powerpoint presentation with Linda J. Garrett, Esq., County of Marin Behavioral Health & Recovery Services (BHRS), San Rafael, CA.
2020	MI Consultation with Certified MINT Trainer Steve Malcolm Berg-Smith. Review of a three-hour recorded training of Suzanne Alfandari with feedback. Fairfax, CA.
2020	<i>Anti-Racist Practice</i> . UC Davis Continuing & Professional Education, Human Services, Davis, CA.
2020	MI Online Training with MINT Trainer Stephen Andrews, Health Education & Training Institute, Portland, Maine. Provided observation, guest participation and feedback.
2020	MI Online Training with MINT Trainer Sky Kershner, Executive Director, KPC Counseling, Charleston, West Virginia. Provided observation, guest participation and feedback.
2020	MI Online Training with MINT Trainer Steven Malcolm Berg-Smith, Berg-Smith Training Consulting, San Francisco. Observed, feedback provided.
2020	MI Online Training with Trainer David Rosengren, Author <i>Building MI Skills</i> , Seattle, WA. Provided observation, guest participation and feedback.
2020	<i>Motivational Interviewing-Foundational</i> 6-week online asynchronous course presented by Drs. William Miller, Theresa Moyers, Stephen Rollnick. The Institute for Better Health (IBH), formerly IAHB, Santa Rosa, CA. and Psychwire, Byron Bay, New South Wales.
2020	<i>Telehealth for Mental Health Professionals: 2-Day Online Distance Therapy Training</i> with Joni Gilbertson, MA, NCC, LCPC, BC-TMH. Pesi Online Learning, Eau Claire, WI.
2020	<i>2020 Vision: Accessing Our Hidden Resources</i> Continuing Education Series with Beth Leib, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
2020	<i>Eating Disorder or Disordered Eating and What To Do</i> online training with Helen Savin, LCSW. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
2016 - 2019	MI mentoring with Greg Merrill, LMSW. Berkeley, CA.
2018	<i>MINT Forum</i> , New Orleans, LA.
2018	<i>Tapping in the Classroom</i> online training with Dr. Peta Stapleton. Queensland, Australia.
2018	<i>Law and Ethics</i> with David Jensen, JD. Marin County Chapter, California Assoc. of Marriage and Family Therapists, San Rafael, CA.
2018	<i>The Romance Archetype: The Key to Inner and Outer Relationship</i> with William Pennell Rock, PhD, Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), San Rafael, CA.
2017	<i>Climate Psychology: A New Therapeutic Paradigm</i> with Leslie Davenport, LMFT. Marin County Chapter, California Assoc. of Marriage and Family Therapists (CAMFT), Corte Madera, CA.
2017	<i>MI Training Motivational Interviewing Competency Assessment Coding and Coaching Tool Version 2.1</i> (MICA). The Institute for Individual and Organizational Change (IFIOC), Seattle, WA.
2013 – 2017	Monthly teleclasses on meditation, brain structure, and neuroplasticity with Dr. Joe Dispenza. Rainier, WA.

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Specialized Clinical Training (cont'd)

- 2013 – 2017 *Progressive, Advanced, and Advanced Follow-up Meditation workshops with Joe Dispenza, DC. Eight national and intl. locations.*
- 2016 *MINT Forum, Montreal, Canda.*
- 2015 *MI Training Using Motivational Interviewing Treatment Integrity Coding Manual 4.2.1 (MITI 4.2.1). California Institute for Behavioral Health Solutions (CIBHS) at SFSU, San Francisco, CA.*
- 2012 – 2015 *Competency Based Clinical Supervision Series. Carol Kerr, Ph.D. and Marisol Muñoz-Kiehne, PhD. Marin H&HS, San Rafael, CA.*
- 2014 *MI Training of New Trainers (TNT). MINT, Atlanta, GA.*
- 2014 *Progressive EFT Transformational Tapathon. Lindsay Kenny, EFT Master, San Rafael, CA.*
- 2013 *Progressive EFT Practitioners Intensive, Level 4. Lindsay Kenny, EFT Master, Alameda, CA.*
- 2013 *Motivational Interviewing: 3-Day Advanced Training (Level II). Steven Malcolm Berg-Smith, MS, San Francisco, CA.*
- 2013 *Trauma Informed Care Conference. Marin Health and Human Services, San Rafael, CA.*
- 2013 *Trauma-Focused Cognitive Behavioral Therapy. Shannon Dorsey, PhD The Child Trauma Training Institute, San Francisco, CA.*
- 2012 – 2013 *Monthly MI consultation group with Steven Malcom Berg-Smith, MS, to support goal of disseminating MI in Marin County. Marin Health and Human Services, San Rafael, CA.*
- 2012 *14th Annual International Energy Psychology Conference: Multiple Dimensions in Psychotherapy & Healing. Assoc. for Comprehensive Energy Psychology, San Diego, CA.*
- 2010 – 2011 *Introductory MI trainings. Steven Malcolm Berg-Smith, MS. Marin Health and Human Services, San Rafael, CA.*
- 2010 *Feminine Power. Katherine Woodward Thomas, LMFT and Claire Zammit, PhD. Los Angeles, CA.*
- 2010 *EFT, Level 3. Dawson Church, PhD, EFTUniverse, San Francisco, CA.*
- 2008 *EFT, Level 1. Michelle Leuschen, MS, San Rafael, CA.*
- 2008 *Enhance Your Effectiveness with EFT: Advanced Applications. Carol Odsess, PhD, Berkeley, CA.*
- 2000 *Hypnosis for Psychotherapists. Eric Greenleaf, PhD, Milton H. Erickson Institute of the Bay Area, Albany, CA.*

Education

- 1997 **Master of Science in Counseling Psychology**
Specialization: Marriage, Family, and Child Counseling
Dominican University of California. San Rafael, CA.
- 1975 **Bachelor of Science**
State University of New York at Oneonta. Oneonta, NY.
- 1972 **Course work** School of Music; Orchestra
State University of New York at Fredonia. Fredonia, NY.

Academic Honors / Awards

- 1995 Recipient, *Psi Chi Book Award for Outstanding Work in Furthering the Field of Psychology. Psi Chi Chapter at Dominican College (now Dominican University of California), International Honor Society in Psychology, San Rafael, CA.*

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Areas of Professional Interest

- Providing MI Trainings to individuals across all levels of education and experience, particularly those in service industries.
- Conducting EFT Tapping trainings in schools for teachers and students and for counseling providers.
- Continuing to provide therapy direct services in private practice and community-based settings.

Professional References

Steven Malcolm Berg-Smith, MS

Certified Trainer

International Motivational Interviewing Network of Trainers (MINT)

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